Supervising Through the Screen: Considerations in Remote Precepting

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Learning Objectives

At the conclusion of this activity, pharmacists should be able to successfully:
1. Determine best practices for successful remote precepting for a variety of learners.
2. Discuss barriers to an optimal precepting experience for the learner and preceptor.
3. Create a plan to overcome potential barriers related to remote precepting.
4. Identify personalized strategies to prevent preceptor burnout during a remote rotation experience

Learning Objectives

At the conclusion of this activity, pharmacy technicians should be able to successfully:
1. Consider implications for training and learning in a remote environment.
2. Anticipate potential barriers related to remote training/onboarding IPPE/APPE students and residents.
3. Determine key steps in effective onboarding of learners and employees in a virtual space.

Outlining Our Time Together

Part 1: Three Pandemic Precepting Stories

Part 2: Group Discussion

The Key is CONNECTION

Recognize that this is NOT ideal → making the best of a tough situation
Take the time to CONNECT
Initial meeting
Frequent personal check-ins
Is there a chance to meet in person?
Part 1: Three Pandemic Precepting Stories

TAKE NOTES!!!
Lessons Learned – Workplace Culture

Facilitate communication with care team and exposure to work-place culture
- Spend time to provide prospective on the work flow within the environment of contact
- Define the forms of communication utilized with providers and care team members
- Have learner attend virtual huddles or team meetings with prepared items to discuss
- Share or include resident on provider message threads or “drive-by” Skype consults

Create a Virtual Desk
- Have virtual platform up and running to catch ideas, questions, and discussion in real time
- Keep track of interesting/challenging concepts that come up during the day
- Take the screen with you

Lessons Learned – Workplace Culture

Topic Discussions
- Make this an opportunity to network with other pharmacists and/or care team members
- Utilize webex or video platform, case discussions, or have the resident lead to enhance engagement

In-services or Journal Clubs
- Invite care team and pharmacist team to participate virtually
- Cast a wide net with virtual platform

Preceptor Self Care and Mental Health

Our jobs are challenging already in a lot of ways – time constraints, clinical responsibilities, etc.
Add on the challenges of WFH (with a partner, children, animals, maybe not-so-ideal workspace)
So in case no one has patted you on the back lately (because they likely can’t 2/2 coronavirus distancing rules), I offer you a virtual pat on the back for going through a really hard thing.

Preceptor Resiliency

Boundaries
- Set designated check-in times with learner
- Set aside time for just you during your work day
Sharing responsibility
- Delegate topic discussions among preceptors to give primary preceptor a break
Sending students to other presentations or meetings, assign projects, etc.
- ie, pharmacy department COVID calls and staff meetings, medical student/resident teaching in team rooms

Easy Access Resiliency Tools

Use humor
Express gratitude

The World Health Organization has announced that dogs cannot contract Covid-19. Dogs previously held in quarantine can now be released. To be clear, WHO let the dogs out.

Part 2: Group Discussion

LIVE AND CHAT DIALOGUE
What have you found to be successful in virtual precepting?

What barriers have come up? How can you overcome them?

How have you engaged others in your efforts?

What ideas do you have on precepting?

How have you created connection in a virtual world?

As a learner, what suggestions do you have?
What questions or concerns do you still have?

CHAT: What is one thing you will do after attending this presentation?

Go Forth and Precept (Virtually)